








the *rest* of your *life*





 Come to me, all you who are weary and burdened, and I will give you rest. Cast my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.
 



General Information:

Cost: \$450

- A \$100 non-refundable deposit is due at time of registration.
- Balance must be paid in full before June 16.
- *All payments are non-refundable.*

Departure: (Departure time subject to change)

- Arrive on Sunday, June 23 at the Plymouth campus lobby no later than 1:00p for check-in.
- Bring one carry-on bag for the bus and one suitcase.

Must have in order to board the bus:

- Completed payment and registration with waivers from the following links (both links can be found on our website).
 - NorthRidge Waiver: Complete within registration.
 - CIY: Link to be e-mailed out following registration.
- All the excitement and enthusiasm you've got!

Arrival: (Arrival time subject to change)

- Please arrange for someone to be at the Plymouth campus by 11am on June 28 for pickup.
- We will have students notify you when we are approximately 1 hour away from NorthRidge Plymouth.

Emergency Contact Information:

Bowling Green State University

1535 E. Wooster

Bowling Green, OH 43403

Levi's Cell Phone: 708.712.6857

Sign up at NorthRidgeChurch.com/HSM

STUDENT Guide

MOVEictionary: A quick glossary of terms you'll hear thrown around while at MOVE.

KINGDOM WORKERS

A Kingdom Worker is a Christian who uses whatever sphere of influence he or she has to proclaim the message of Jesus. Kingdom Workers include school teachers, moms, high school basketball players, bass guitarists, doctors and a countless list of others. Their ministry may look different, but they have each surrendered to Jesus, and are committed to using their gifts, abilities and relationships to advance his Kingdom.

ELECTIVES

We give students the opportunity to encounter Kingdom Workers, hear Biblical truth taught and be exposed to some great Christian practices during elective time at Move. Electives are offered on a range of topics to provide ample opportunity for further discussion.

YOUTH GROUP TIME

Each night after the Evening Session, each church group will get together.

THE MOVE APP

The Move app is available on every smart phone platform. The app contains information about Move and CIY, devotions for each day, the weekly schedule, and other pages just for fun! This app will guide your group through their week at Move.

THE ALTERNATIVE

MOVE provides an opportunity for students to share their talents (singing, instrumental, bands, skits, poetry, comedy, etc.). Students sign up for limited spots and perform on the main stage.

THE NEXT LEVEL

This is an option for graduated seniors. The Next Level is an in-depth Bible study taught by the Morning Speaker while everyone else is in Encounter Time. This is a great opportunity for them to get an inside glimpse of each day's theme, ask questions, and be challenged in their faith.

THE ÆFFECT STORE

The Æffect Store is the place to purchase MOVE apparel and resources!

ENCOUNTER TIME

Following the Morning Session, students and leaders are dismissed to Encounter Time and Small Groups. This creates an opportunity for them to participate in devotions that are tied to the daily themes. The devotions can be found in the Student Magazine.

AFTERNOON RECREATION

The options at every campus are different and will be announced at the event. MOVE organizes tournaments during some of the afternoons: 3-on-3 basketball, volleyball, ultimate frisbee and dodgeball.

MOVE Rules

*****Any failure to adhere to the following rules may result in the student being sent home from the trip, in which the parent/guardian would be responsible for picking up the student from Bowling Green State University.**

1. Respect others and yourself.
2. No guys in girl's dorms beyond the front lobby and vice versa.
3. Alcohol, tobacco, drugs and weapons are absolutely prohibited
4. Everyone must be in their dorms by the designated "In Dorm Time".
5. For security reasons, no students with backpacks are allowed into the auditorium or cafeteria.
6. Follow the schedule. Be where you are supposed to be when you are supposed to be there.
7. During sessions, stay in your assigned seating. Please follow the posted seating chart.
8. Do not leave the auditorium once the speakers begin talking.
9. Respect the campus – no TP, water balloons, shaving cream, sidewalk chalk, etc. No practical jokes!
10. Do not move furniture as you will be charged for any assessed damage.
11. Do not dial 911 unless it is a true emergency.
12. Absolutely no fireworks at any time during MOVE or while on campus property.
13. No food deliveries of any kind to the campus.
14. Students may leave campus ONLY with adult supervision; those staying behind must have an adult present.
15. Follow the dress guidelines.

MOVE Clothing Guidelines

Acceptable (or Tip Top!):

- Move T-shirts
- Plaid Suits
- Fedoras
- Move sunglasses
- Tacky Dresses
- Eye glass pieces
- Move Hats
- Feather Boas
- Elbow-length gloves
- Wide brimmed hats
- Move Tattoos

Unacceptable:

- Short Shorts
- Sagging Pants
- Bikinis
- Miniskirts
- Spaghetti Straps
- Low Cut Tops
- Yoga pants

What to Bring & What NOT to Bring

What To Bring:

- Bible
- Notebook and pen/pencil
- Clothing for five days, including travel time
- Personal toiletry items, including prescription medication
- Comfortable walking shoes to get around campus
- Shower Towel & Beach Towel
- Pillow
- Bedding/sleeping bag to fit a single bed
- Money for travel, the MOVE Station, Lemonjellos Coffee Shop, Thursday lunch, etc.
- (optional) Athletic equipment for recreation time and modest one-piece swimsuit
- (optional) Large box fan for room

What NOT To Bring:

- Alcohol, cigarettes, drugs, etc.
- CD players, iPods, TV's, etc.
- Refrigerators or air-conditioners

The Alternative

We cordially invite you to participate in the once-in-a-life-time event known as The Alternative. The Alternative is a showcase of talent through the far-reaching expanses of ability, creativity and originality. This is your chance to show us all what you can do. Who knows, maybe you'll get spotted by someone who can get you a job? Maybe you sing, write, do poetry, comedy, juggle, perform minor surgeries, solve a rubik's cube, swing the nun-chucks, wrestle a gator or fly. Whatever you do that is awesome, come do it here!

Here are the rules...

1. You get 2 mics & 2 direct boxes with instrument cables. That is all, nothing more, don't ask.... yes, we can hear your guitar.
2. There's a decent chance you will get some monitor wedges on the stage, but no promises.
3. In fact, if you make a comment about something being too loud or too quiet, we reserve the right to publicly embarrass you for being that guy.
4. You get about a minute of setup time at best, so we'd recommend not bringing a drum kit or a model airplane to assemble.
5. Assuming you didn't bring your own stage-hands, you must provide, transport, and setup your gear. No you cannot use the band's gear (drums, guitars, saxophones), even if they told you you can... you still can't. Now if you need a guitar, there's usually that one girl with a blue guitar that will let anyone use it, go for that. She's nice.
6. You will have 3 minutes from start to finish, with a timer on the screen. So if you launch into a heartfelt monologue about how you wrote this song last night, and even if you start crying, the timer starts at your first word. Choose wisely.
7. There are a limited number of slots, when they are full, that is it. If you add your own lines to the signup sheet, we reserve the right to publicly embarrass you for not being able to follow instructions. Please write legibly, some poor intern has to type these into a computer so your name will appear on the screen, cut them a break.

Don't forget to sign-up at the HUB!

Tournaments

You think you got game? Bring it, but know this at MOVE, we have serious fun but we play by the rules. While each event can be a little different, most will have 3 tournaments: 3-on-3 basketball, volleyball and the grand-daddy of them all...dodgeball. Sign-ups are at the HUB. And please remember the dress code still applies. Tournament structure and rules will be explained at the event.

3-on-3 Basketball

This is basketball at its half-court finest and fiercest. It doesn't matter if you are great at a hook shot, bank shot or if you even have a shot. You have to prove your skills for the ultimate bragging rights.

Volleyball

This is 6-on-6 old school, so get your game on. Think you can bring it? Find five friends and prove it. (Guys this is your chance to get close to that girl you have your eye on. You never know winning the tournament could improve your odds.)

Dodgeball

You will be using a tennis court as the Dodgeball tournament court. One team will be on each side of the net. We know it is small...but don't complain, because true champions overcome adversity, so don't be that guy.

***Tournaments may not be offered at every MOVE event. Rules are subject to change per MOVE staff who are final authority on the court.*

****Adults: Only one of you may be on the court/floor at one time.*

**We can't wait to see you at
MOVE!**

